

Study Guide: Family Strongholds

November 9, 2025

Quiz

Answer the following questions in two to three sentences, based on the provided source material.

1. According to the speaker, what is a "stronghold" and what biblical example is given to illustrate its scale?
2. What is Satan's primary goal regarding the family, and what larger consequence does this have?
3. What is identified as Satan's first and most effective stronghold used against the family?
4. Describe the error Adam made when Satan was tempting Eve.
5. Why was Cain's sacrifice not accepted by GOD, and what principle does this teach?
6. According to the source, what can unresolved anger easily lead to if not dealt with promptly?
7. What is a man's number one obligation to his family?
8. How is the "trickle down concept" applied to the relationship between a father and his children?
9. What is the first step a person must take to begin breaking a stronghold in their life?
10. What does the speaker say is the key to children developing respect for parents, as opposed to fear?

Answer Key

1. A stronghold is defined as a fortress or a secure holdover spot. The walls of Jericho are given as an example, described as being up to 60 feet high and so thick that chariots could run on them, seeming practically impregnable.
2. Satan's goal, second only to destroying an individual, is to destroy the family. He knows that if he can destroy or change the purpose of the family, he can ultimately destroy a nation.
3. The first and "winning hand" stronghold that Satan uses in the family is selfishness. This is the tactic he first used on Adam and Eve, convincing one to focus on "me or I" instead of "we and us."
4. Adam's error was being a "passive male." He stood by and listened to the entire conversation between Satan and his wife and did nothing to intervene, protect her, or stop it from the beginning.
5. Cain's sacrifice was not accepted because he chose to rebel against GOD's specific commands for how a sacrifice was to be made. This demonstrates the biblical principle that "obedience is better than sacrifice."
6. Unresolved anger, if not dealt with before the sun goes down, can easily lead to murder. While it may not be a physical act, it can manifest in cruel words that murder someone's spirit, as anger makes people say things they normally would not.
7. A man's number one obligation is to protect his family. Everything else is considered second-rate compared to this primary responsibility.
8. The "trickle down concept" means that a father's character directly influences his children's character. Boys especially will emulate the attitude and behavior of their father, whether he is a good man or a bad man, because he is their leader.
9. The first step is to recognize that you are fighting a spiritual battle, not one against flesh and blood. The speaker references **Ephesians 6:12**: "we wrestle against not against flesh and blood but against principalities against powers against the rulers of the darkness of this world against spiritual wickedness in high places."
10. A child offers respect when he sees what is right and does not want to cross that line. This is different from fear, which is a forced relationship; true respect is built when parents work together and provide a consistent, balanced, and secure environment.

Essay Questions

Reflect on the source material and formulate a detailed response to the following prompts.

1. Analyze the three primary family strongholds discussed—selfishness, rebellion, and unresolved anger. Explain how the speaker presents them as an interconnected progression that can destroy a family.
2. Discuss the "trickle down concept" as it relates to fathers. Using details from the text, explain the profound and lasting impact a father's attitude and behavior have on his children, particularly his sons.
3. The speaker states that "revival of a nation begins in the family" and "the destruction of a nation begins with the destruction of a family." Elaborate on this argument using the concepts of chaos, confusion, and authority as presented in the source.
4. Examine the roles of husbands and wives as outlined in the sermon. How does the speaker define a "godly man" and the concept of a husband as the "highest paid servant," and how does this relate to building security within the family?
5. Using the examples of the walls of Jericho and the painting of JESUS at the door, explain the spiritual nature of strongholds. How do these illustrations demonstrate both the power of GOD to overcome them and the personal responsibility an individual has in allowing sin to enter?

Glossary of Key Terms

Term	Definition
Stronghold	A fortress-like area in a person's life or family that Satan uses to manipulate attitudes and influence decision-making. Biblically defined as a "fortress or a holdover spot."
Selfishness	Identified as Satan's first and primary stronghold against the family. It is the focus on "me or I" and looking out for "number one," which causes a loss of focus on others and creates disunity.
Rebellion	The act of going against GOD's commands or parental authority. Satan uses rebellion to create chaos and confusion in a family, distracting its members from GOD.

Unresolved Anger	Anger that is not dealt with and is allowed to fester, often leading to grudges. The source warns it can lead to murder (either physical or with words) and causes self-pity.
Passive Male	A term used to describe Adam's failure to protect his wife from Satan. It refers to a man who does not step up to his GOD-given responsibility to lead and protect his family.
Trickle Down Concept	The idea that a father's attitudes and behaviors, whether good or bad, are passed down to his children. Boys, in particular, will emulate their father's patterns.
Spiritual Battle	The understanding that the true fight is not against other people ("flesh and blood") but against spiritual forces of darkness, as described in Ephesians 6:12.
Revival	A spiritual reawakening that, according to the source, must begin at home within the family before it can spread to the church or the nation.